

SEEDLINGS SCHEDULE

9:00 - 9:30

Arrival & Morning Play

9:30 - 10:00

Morning Circle Time

10:00 - 10:30

Morning Snack & Diapering

10:30 - 11:00

Outdoor/Gross Motor Play



11:00 - 11:30

Group Activity Time

11:30 - 12:15

Lunch Time & Diapering

12:15 - 12:45

Story & Music Time

12:45 - 1:00

Rest/Quiet Time

1:00 - 1:30

Rest/Quiet Time



1:30 - 2:00

Afternoon Snack & Diapering

2:00 - 2:30

Quiet Play

2:30 - 3:00

Clean Up & Dismissal

SPROUTS SCHEDULE

9:00 - 9:30

Arrival & Morning Play

9:30 - 10:00

Morning Circle Time

10:00 - 10:30

Activity Time

10:30 - 11:00

Morning Snack & Bathroom Break



11:00 - 11:45

Outdoor/Gross Motor Play

11:45 - 12:15

Story & Music Time

12:15 - 12:45

Lunch Time & Bathroom Break

12:45 - 1:15

Afternoon Circle Time

1:15 - 1:30

Rest/Quiet Time



1:30 - 2:00

Rest/Quiet Time

2:00 - 2:30

Afternoon Snack & Bathroom Break

2:30 - 3:00

Clean Up & Dismissal

SAPPLINGS SCHEDULE

9:00 - 9:30

Arrival & Morning Play

9:30 - 10:15

Morning Circle Time

10:15 - 10:45

Activity Time

10:45 - 11:00

Morning Snack & Bathroom Break



11:00 - 11:45

Story & Music Time

11:45 - 12:15

Lunch Time & Bathroom Break

12:15 - 12:45

Outdoor/Gross Motor Play

12:45 - 1:15

Afternoon Circle Time

1:15 - 1:30

Independent/ Quiet Play



1:30 - 2:00

Independent/ Quiet Play

2:00 - 2:30

Afternoon Snack & Bathroom Break

2:30 - 3:00

Clean Up & Dismissal